



STEP UP

Integrating Walking into Transport and Mobility Policy

Jim Walker

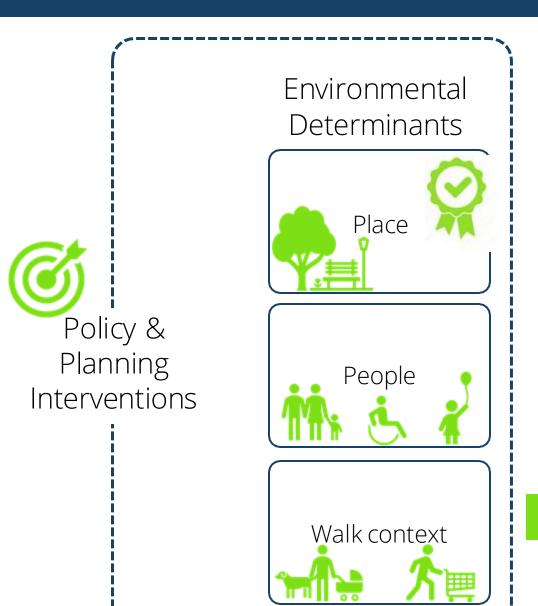
Walk21 Foundation

jim.walker@walk21.com

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Understanding Walking







Walking Experience Enjoyment

Vibrancy

Attractiveness

Pleasantness

Comfort

Safety

Accessibility

Convenience

Feasibility



Walking Behaviour

Whether to walk or not

Walking frequency

Walking time or distance

Route choice



WALKING POLICY PEOPLE CENTRED VISION

Everyone can walk regularly to reach public transport and other key destinations, free from risk of being hurt, with space and facilities to support their needs, and able to enjoy their experiences.

PEOPLE

Support and encourage people to walk

PLACES

Create safe, easy and enjoyable places to walk

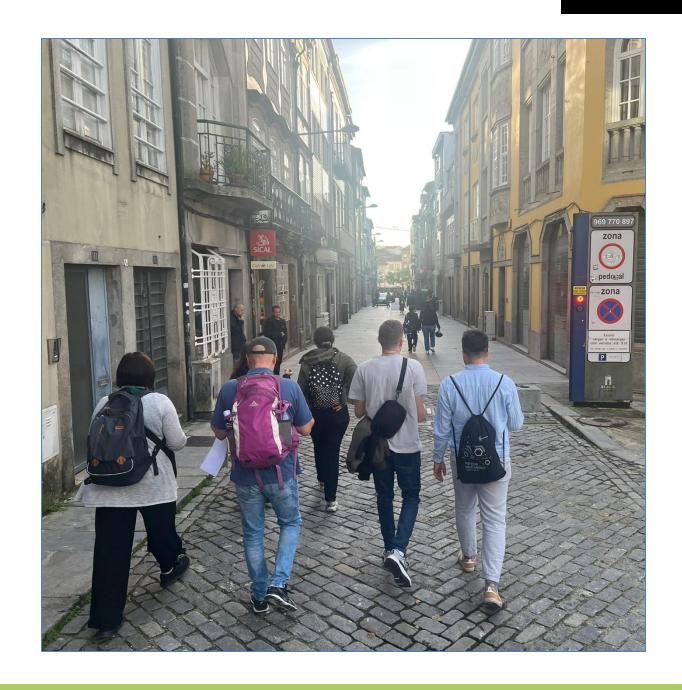
PROCESS

Embed walking into the policy process

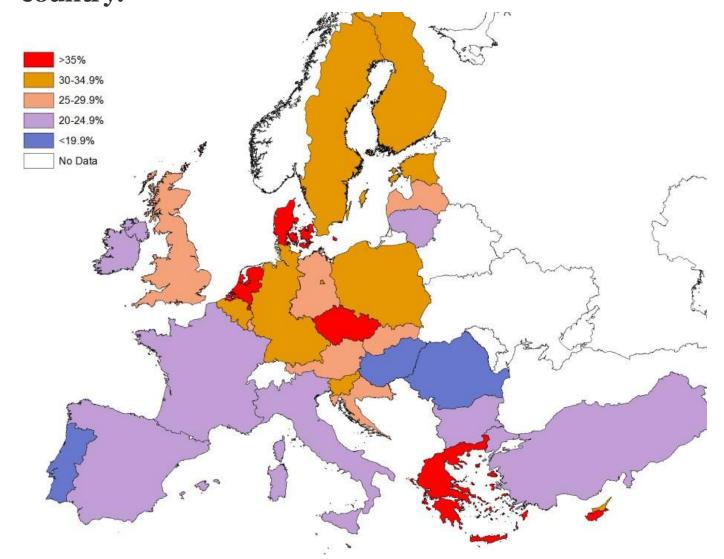


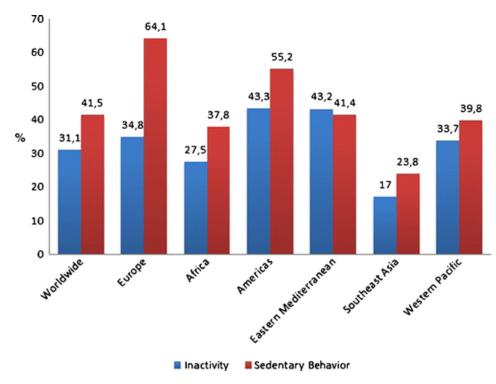
GOAL 1: ACTIVITY

Everyone walks regularly



Proportion of people 15 years and older who sit for 7 or more hours per day by country.





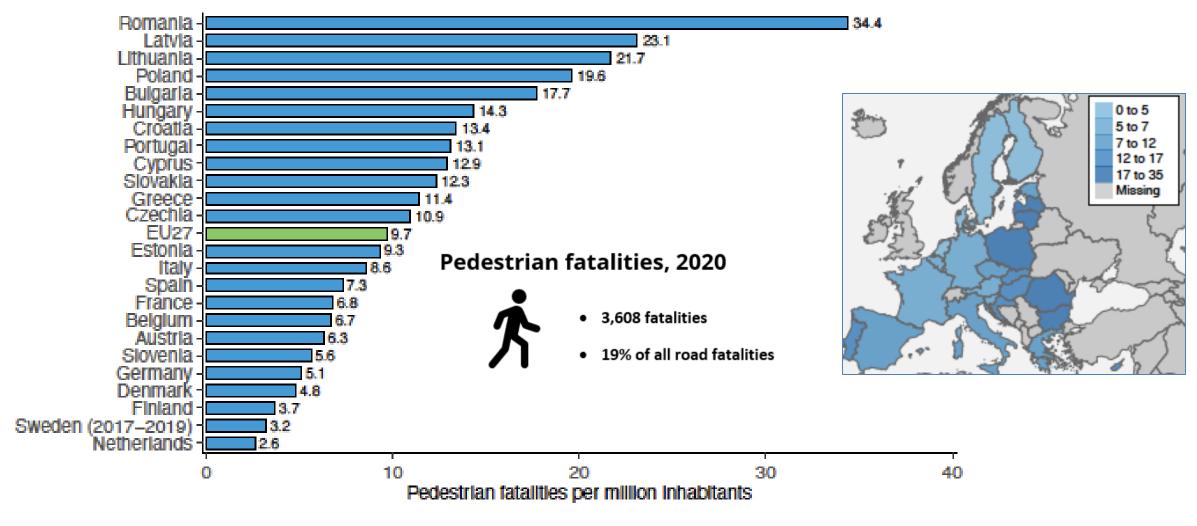
Obes Rep 2, 42–49 (2013). https://doi.org/10.1007/s13679-013-0054-y
SOURCE: https://link.springer.com/article/10.1007/s13679-013-0054-y

GOAL 2: SAFETY

All people walking are free from risk of being hurt

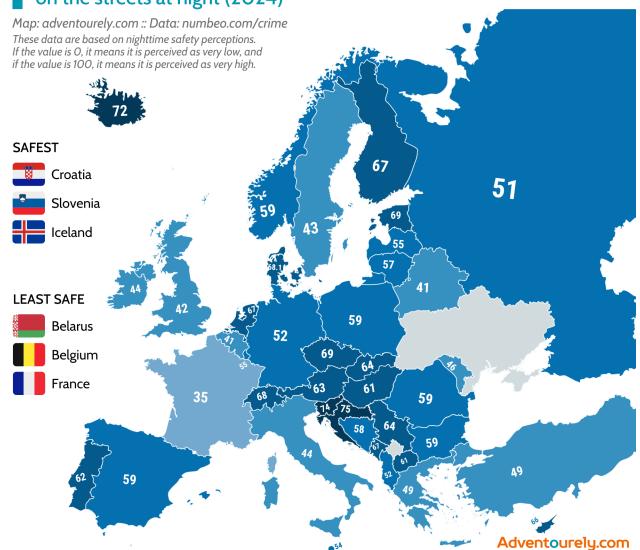


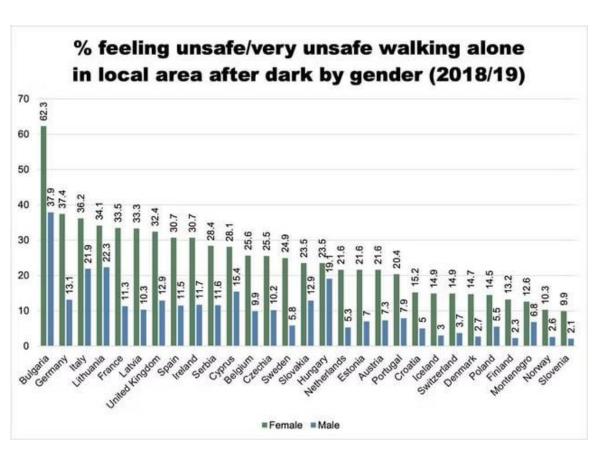
Pedestrian fatalities per million inhabitants per country in the EU27 (2018-2020). Source: CARE, EUROSTAT



Safety walking alone at night

How safe people feel to walk alone on the streets at night (2024)





GOAL 3: ACCESSIBILITY

Everyone can reach public transport + other key destinations on foot

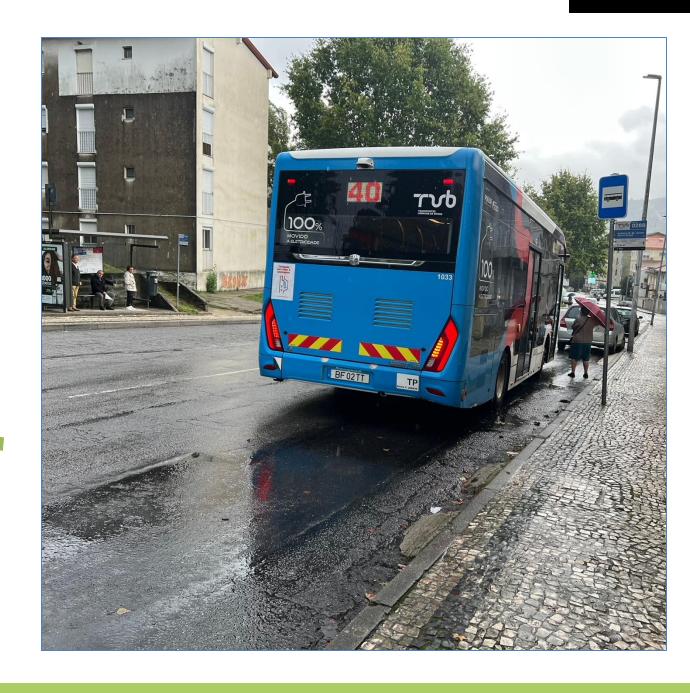
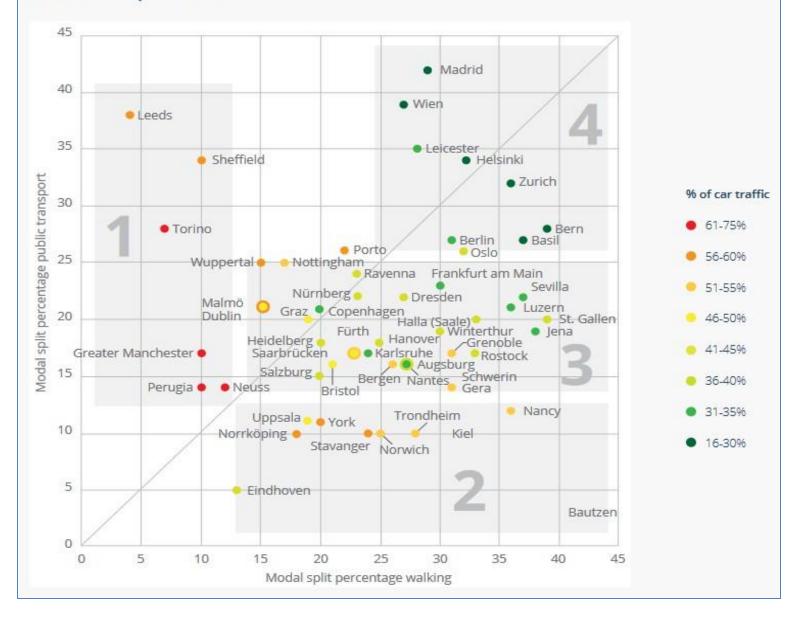
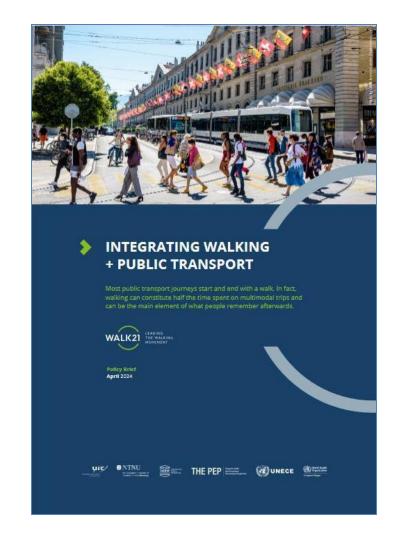


Figure 4: Relationship between modal share for walking, public transport and car use in European cities ⁶

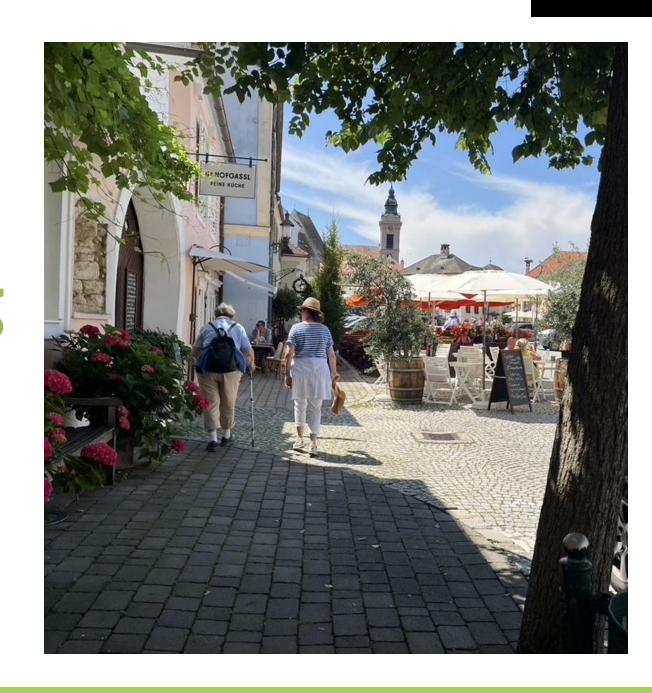




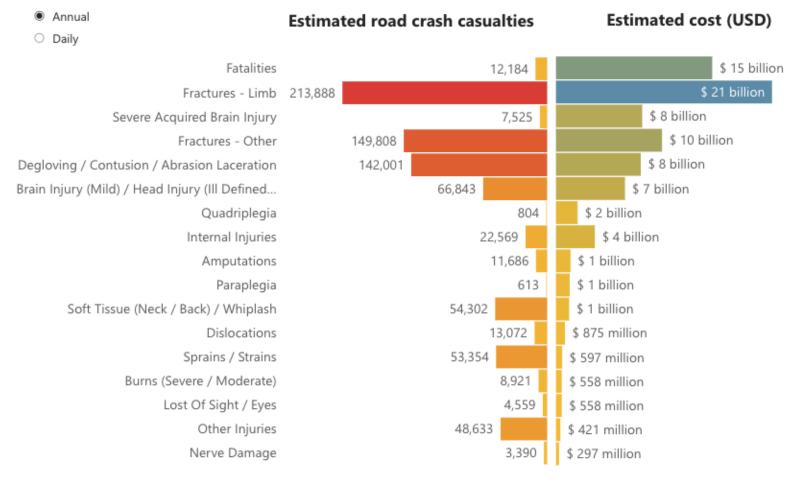
https://walk21.com/resources/walking-and-public-transport/

GOAL 4: COMFORT

All people walking have space and facilities to support their needs



Annual Human Impact Cost of Pedestrian crashes in Europe



Total fatalities and injuries: 814,153 Total cost (USD): \$82.9 billion



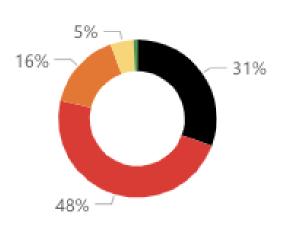






Star Ratings by Distance Travelled Europe

Pedestrians

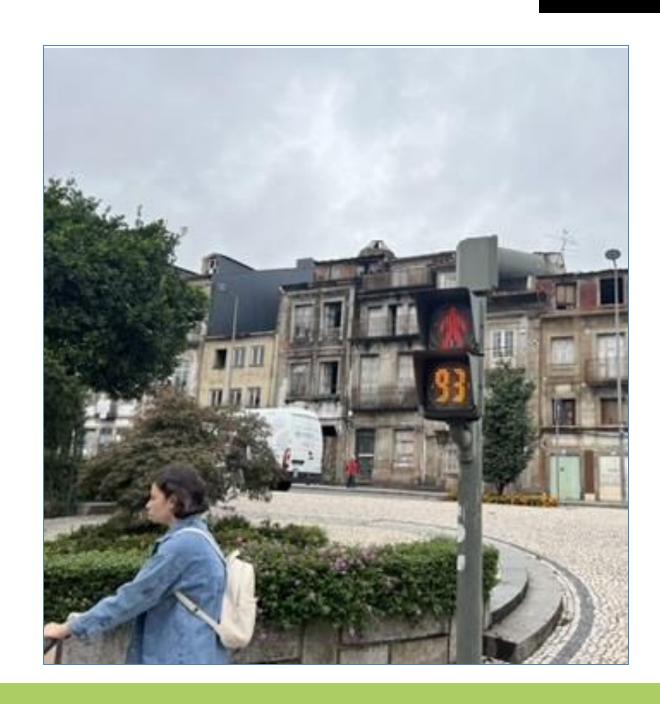


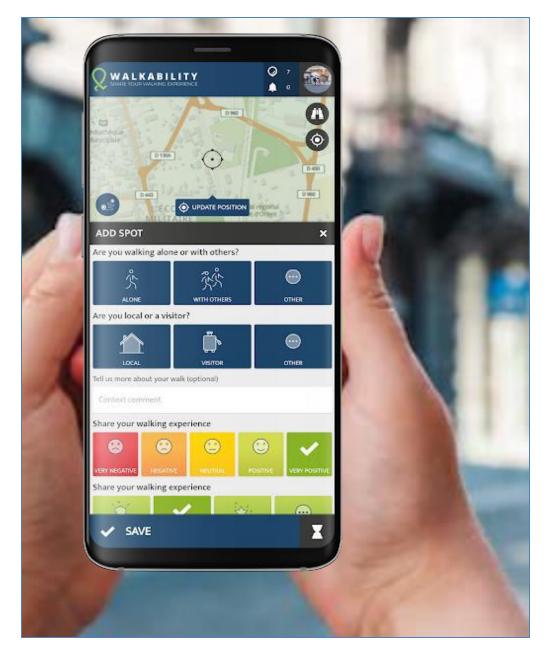
6.2 billion km

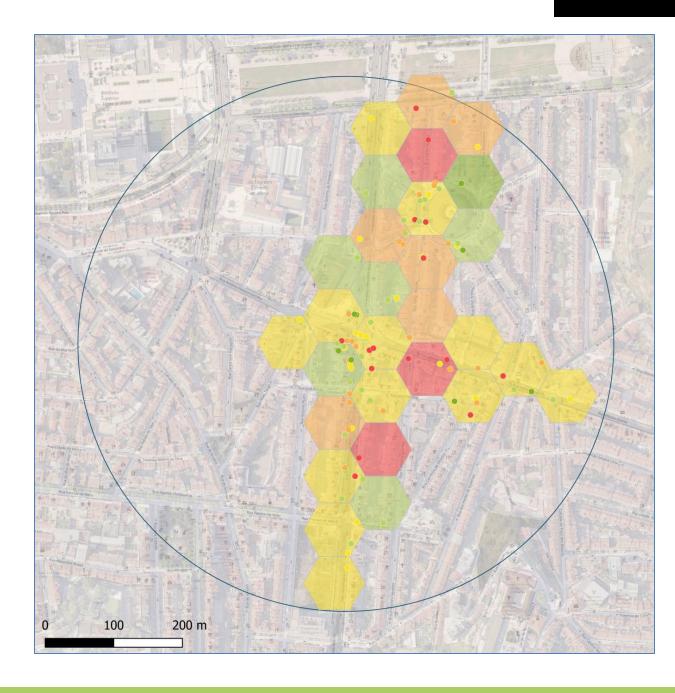


GOAL 5: SATISFACTION

Everyone perceives walking as a positive experience

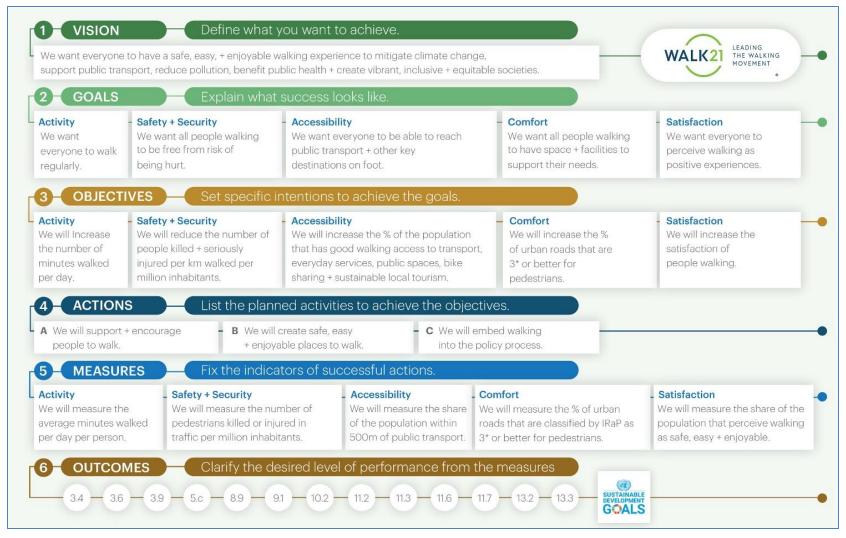




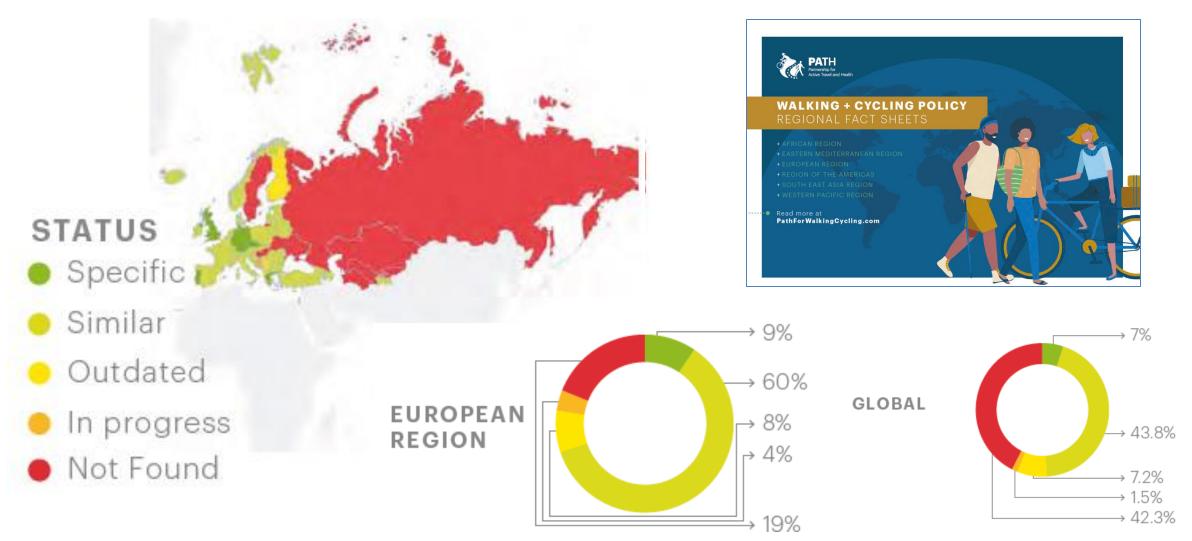


SOURCE: https://walk21.com/resources/walkability-app/

Walking Policy Template



National Walking Policy



SOURCE: https://pathforwalkingcycling.com/report/

Case Studies





SOURCE: https://pathforwalkingcycling.com/report/

https://www.interregeurope.eu/step-up

Thank you!

Jim.walker@walk21.com

www.interregeurope.eu/STEP-UP